

**YORK UNIVERSITY
FACULTY OF HEALTH
DEPARTMENT OF PSYCHOLOGY
PERSONALITY THEORY and BEHAVIOUR DISORDERS
4050 6.0 A - F/W 2013/14**

- Course Director:** Professor Michael Luther
Room 277 BSB, (416) 736-5125
mluther@yorku.ca
- Secretary:** Agnes Levstik
Room 285 BSB, (416) 736-5125
- Class Meets:** Thursdays 2:30-5:20 PM @ **FC 103**
- Class Format:** Seminar - 3 hours per week
- Requirements:** Two class presentations and two essays (one each term).
Grading will be based on class presentations, class discussion,
attendance, and essays. There will be no formal exams.
- Evaluations:**
- | | |
|----------------------------------|-----------------------|
| Seminar presentations (for 2) | 25 % (12.5% per term) |
| Class participation & attendance | 25% (12.5% per term) |
| Written assignments (2 papers) | 50% (25% each term) |
- (First due last class- December 5, 2013)**

N.B. NO FINAL EXAMINATION

Prerequisites: AK/AS/HH/SC/PSYC 1010 6.00 or AK/HH/PSYC 2410 6.00 with a minimum grade of C; AK/AS/HH/SC/PSYC 2030 3.00 or AK/HH/PSYC 2530 3.00; one of AK/AS/HH/SC/PSYC 2021 3.00, AK/AS/HH/SC/PSYC 2020 6.00, AK/HH/PSYC 2510 3.00; AK/AS/HH/SC/PSYC 2130 3.00 or AK/HH/PSYC 3220 3.00; AK/HH/PSYC 3140 3.00 (after Winter 2002) or AS/SC/PSYC 3140 3.00 or AK/HH/PSYC 3215 3.00. **Course credit exclusions:** None

Required Texts:

1. **Luther, M.G., Allen, J.C., Gerber, J. & Luther, J. E.** (2013; Revised Edition) Meeting the Human Challenge: Transformation, Healing, and Recognizing the Zombies Living Amongst Us, Concord, ON: Captus Press.
2. **Funder, D. C. & Ozer, D.** (2010; Fifth Edition). Pieces of the Personality Puzzle. N.Y.: Norton.

Recommended Texts: (May be in Psych. Reference Library)

1. APA Style Manual Handbook (In Library).
2. APA (2013): Diagnostic and Statistical Manual of Mental Disorders (DSM V) Fifth Edition, Test Revision, Wash. D.C. APA, . (In Library)
3. APA (2000) DSM IV too
4. Endler, N. (1990) Holiday of Darkness. Toronto: Wall and Emerson Inc.

Term Paper #1 (See last page/rubric) (25%)

Model Comparisons:

The paper is 15-20 typed pages (APA style) on the Personality topic presented in class. The paper includes ‘pros’ and ‘cons’ regarding the etiological models. You must defend a thesis (about your chosen model) or reject it. **Internet info is strictly limited.** Link your “Theory of Mind” and “Naturalistic Biocentric Psychology” (Luther) chapters to your conclusions. The list of **Headings** and **subheadings** (below) are crucial. Submit your readings with the paper. . This is **not** a journalistic-style essay, nor a polemic; be objective and **not** narrative in style.

PLAN:

- | | | |
|----|--|------------|
| A. | <u>Introduction</u> to topic & thesis statement | 1 page |
| B. | <u>History</u> of Theorist(s) | 1 page |
| C. | <u>Main Ideas</u> of your chosen main model | 2 pages |
| D. | <u>Comparisons of MODELS</u> (i.e., 3 other models needed),
(i.e., similarities & differences).* | 8-10 pages |
| E. | <u>Theory of Mind</u> (Luther & Wagner) | 1 page |
| F. | <u>Biocentric/Naturalistic Psychology</u> (Reist & Luther) | 1 page |
| G. | <u>Conclusions</u> | 2 pages |
| H. | <u>References</u> | 1- 3 pages |

N.B: AVOID USING POP. INTERNET SITE MATERIAL!

* These are **not** just summaries of each model

TERM #1

PSYCHOLOGY 4050 6.0 A

PERSONALITY THEORY AND BEHAVIORAL DISORDERS

Thursdays 2:30 -5:30 P.M.

I. ORIENTATION - VISIT TO PSYCH. LIBRARY

Thursday , September 12 - “Evolutionary Roots” Lecture.

1. **Luther, M. & Wagner, G.** (2013) ‘Theory of Mind’ (in Luther text)
2. **Reist, D. & Luther, M** (2013) ‘Naturalistic Biocentric Psych.’ (in Luther text)
3. **Allen, J.C.** (2013) ‘Evolution’. (in Luther text)

Thursday, September 19 - The Psychodynamic Model of Personality

Lecture.

1. **Luther, M. & Gerber, J** ‘Uncertain Future of an Illusion’ (in Luther text).
2. **Funder D. & Ozer, D.** ‘Freud’ and ‘Jung’ chapters. (in their text).

Thursday, September 26 – Biocentric Psychology- TRIP TO HOCKLEY VALLEY

1. **Reist, D. & Luther, M.** (2013). ‘Naturalistic Biocentric Psychology’, (in Luther text).

N.B.: Alternatively, there will be a ‘real’ study of Pioneer Village **in-situ**. Students will make a real 3-hr. visit to the site and take movies and photos of the premises. They will relate their experiences on the trip to the Naturalistic Biocentric chapter in the next class.

Thursday, October 3- ‘Naturalistic Biocentric’ Model (in Luther text)

Relate trip(s) to this key chapter in the Luther textbook. The Pioneer Village students will do a presentation of their analysis in the class.

Thursday, October 10 - Early Trait Models

Funder, D. & Ozer , D. Allport, Mischel, Eysenck, ‘Trait’ chapters

Thursday, October 17 Learning Models (Skinner, Pavlov)

1. **Casaluce, D.** ‘IBI’ chapter (in Luther text)
2. **Funder, D. & Ozer, D.** ‘Learning Theory Models’ Chapter
3. **Rajan, A. & Luther, M.** ‘Dangerous Sex Addiction’ (in Luther text)

Thursday, October 24 - Current Trait Theory (“Big Five” & “Five Factor”)

1. **Funder, D. & Ozer, D.** ‘Costa and McCrae’
2. **Endler, N.** ‘Holiday of Darkness’ (in Library or on loan in class)

Thursday, October 31 –Co-curricular ‘Day Off’

Thursday, November 7 The Social Cognitive Models of Personality

1. **Funder & Ozer** ‘Bandura’s model’
2. **Allen, J.C.** ‘Norman Endler’ (in Luther text)

Thursday, November 7 Cognitive Models (Ellis, Beck, Burns, etc.)

1. **Luther & Gerber** ‘Uncertain Future of an Illusion’ (in Luther text)
2. **Garnier & Sorge:** Beyond Trepanation: Cognitive Behavioural Therapy’ (in Luther text)

Thursday, November 14 DEPRESSION, ANXIETY, AND COPING

1. **Skye Stephan’s** ‘PTSD’ chapter (in Luther text)
2. **Endler’s** ‘Holiday of Darkness’ (1990 book on loan)

Thursday, November 21 Stigma and Mental Health

1. **Garnier & Sorge** Beyond Trepanation: Cognitive Behavioural Therapy’ (in Luther text)

Thursday, November 28 Biological Causes of Illness

1. **Allen, J.C.** ‘Psychopathy’ (in Luther text)
2. **Luther, J. E.** ‘Meta –Analysis of Autonomic Reactivity’ (in Luther text)
3. **Raskauskis, E.** ‘My Life : Aspergers’ (in Luther text)

Thursday December 5 - Therapies (i.e., to change Personality)

1. **Luther, M. and Lazowski, B.** ‘Brief Family Therapy’ (in Luther text)
2. **Azer, P. and Andres, M.** ‘Transactional Analysis’ (in Luther text)
3. **Casaluce, D.** ‘IBI’ (in Luther text)

THE ESSAY FOR THE FIRST TERM IS DUE ON THURSDAY, DECEMBER 5.

ADDITIONAL REFERENCES WILL BE ADDED DURING THE COURSE THROUGHOUT THE YEAR. IN PRESENTING AND IN DOING THEIR PAPERS, STUDENTS ARE ENCOURAGED TO USE PRIMARY READING SOURCES FOR THE VARIOUS PERSONALITY MODELS (E.G., SKINNER, FREUD, JUNG, ALLPORT, GOLDBERG, ETC.) AND AVOID ‘POP. PSYCH.’ INTERNET INFO.

PSYCHOLOGY 4050.06 A
PERSONALITY THEORY AND BEHAVIORAL DISORDERS

FIRST TERM - FALL 2013

SEMINAR PRESENTATIONS

- | | | | |
|-----|--------------|---|---|
| 1. | September 12 | - | Orientation – Dr. Luther
“Evolutionary Roots”
Naturalistic Psychology |
| 2. | September 19 | - | Freud’s Psychodynamic Model – Dr. Luther |
| | | - | Jung’s Dynamic Model – Dr. Luther |
| 3. | September 26 | - | TRIP TO HOCKLEY VALLEY |
| 4. | October 3 | - | Biocentric/Naturalistic Psychology-Students |
| 5. | October 10 | | Early Trait Models - Students
(Eysenck, Cattell, Allport) |
| 6. | October 17 | - | The Situationism Model of Personality – Students
(Skinner, Zimbardo’s Prison, Abu Ghraib Prison,
Bettelheim’s Concentration Camp) |
| 7. | October 24 | - | “Big 5” and “Five Factor Model” – Students |
| | October 31 | - | Co Curricular Day-off |
| 8. | November 7 | - | The Social Cognitive Models of Personality - Students
(Endler, Bandura, Magnussen) |
| 9. | November 14 | - | Cognitive Psych.: Depression, and Coping – Students
(A. Beck, A. Ellis, D. Burns, etc.) |
| 10. | November 21 | - | Stigma and Mental Health - Students
(Foucault, Endler, etc.) |
| 11. | November 28 | - | Genetic/Biological Causes of Disorder-Students |
| 12. | December 5 | - | Therapies |

FIRST TERM ESSAY DUE ON THURSDAY, DECEMBER 5, 2013

NAME: _____

‘CRITICAL’ PAPER MARKING SCHEME

POOR/FAIR/GOOD/V.GOOD/EXCELLENT/BRILLIANT

**BASIC
COVERAGE** _____

APA STYLE _____

CITATIONS _____

QUOTES _____

GRAMMAR/SPELLING _____

HISTORY _____

MODELS _____

ORGANIZATION _____

THEORY OF MIND _____

NATURALISTIC Ψ _____

TREATMENT _____

**FOCUS/
CLARITY** _____

CONCLUSIONS _____

**THESIS/
ARGUMENTS** _____

REFERENCES _____

POOR/FAIR/GOOD/V.GOOD/EXCELLENT/BRILLIANT

OVERALL MARK _____